

LENTEN SCHEDULE 2018 – ST. EDWARD THE CONFESSOR

Ash Wednesday (February 14):

8a.m.- *Mass with Ashes*

3:15p.m.- *Liturgy of the Word with Ashes*

7:00p.m.- *Mass with Ashes*

Mondays (February 19, 26, March 5, 12, 19):

7p.m. – 8p.m.- *Eucharistic Adoration and Confessions*

(*Exposition* of the Blessed Sacrament at 7p.m. - *Confessions* heard till 7:50p.m., *Benediction* at 7:50p.m.)

Wednesdays (February 21, 28, March 7, 14, 21):

Deanery Lenten Pilgrimage

6:30p.m. - 7:00p.m. - *Confessions* heard by multiple priests.

7:00p.m. - 7:30p.m. - *Service & Talk* (refreshments to follow service)

At the following parishes:

Feb. 21 - *St. Vincent de Paul, Baldwinville* Feb. 28 - *Holy Cross, Templeton* March 7 - *St. Edward, Westminster* March 14 - *St. Denis, Ashburnham* March 21 - *St. Francis, Athol*

Fridays (Feb. 16, 23, March 2, 9, 16, 23):

4:00p.m. - 7:00p.m. - *Eddie's Chowder House* (The Social Committee will sell corn chowder, clam chowder, and fish chowder)

7:00p.m. – 7:30p.m. - *Stations of the Cross*

GUIDELINES FOR FAST AND ABSTINENCE

Lenten fast and abstinence regulations for the Diocese of Worcester are as follows:

Abstinence from meat is to be observed by all Catholics fourteen (14) years of age and older on *Ash Wednesday, Good Friday* and all the *Fridays of Lent*.

Fasting is to be observed by all Catholics who are eighteen (18) years of age but not yet fifty-nine (59) years of age on *Ash Wednesday* and *Good Friday*.

=Those who are bound to fast may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. Catholics should not lightly excuse themselves from these prescribed Lenten penitential practices.